

## Fact Sheet

- ❖ **Background Summary:** Lutheran Community Services Northwest (LCSNW) has served the Northwest area for 91 years. The many areas of services provided include: behavioral health, family and community support, child welfare, refugee and immigrant services, violence intervention and prevention, senior and disability services.
- ❖ **Mental Health Counseling**
  - We are pleased to announce that LCSNW is now offering culturally competent, bilingual, consumer-focused outpatient therapy for adult Medicaid clients, who are suffering from mild to severe mental illness in Clark County, WA. We are also implementing a sliding scale fee.
  - This program is available to serve people with adjustments due to changes in life circumstances, parenting education and skill building, family problems, abuse, trauma, depression, anxiety, mental illness, and drug or alcohol abuse.
  - We are providing individual therapy, family therapy, peer support, group therapy, medication management, and 24/7 crisis consultation services.
- ❖ **To make a referral or for more information, please contact:** Heather Sutch MSW (360) 694-5624 ext. 37-Email: [hsutch@lcsnw.org](mailto:hsutch@lcsnw.org)